

Increasing Your Personal Desire to Pursue Christ
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Re:Group Training 2018 - Breakout

Phil. 3:10; 1 Cor. 2:2; Rom. 7:18-23; Gal. 5:16; Phil. 2:12

Spiritual apathy is a **self-defeating** predicament.

There is a constant gravitational pull toward spiritual **lethargy**.

7 ways to increase your personal desire to pursue Christ.

1. Attack all known sin.

Ps. 66:18; 1 John 2:16

Three broad categories:

- **Pleasures**- I want good **feelings** more than Christ
- **Possessions**- I want **things** more than Christ
- **Position**- I want to be **known** more than I want to know Christ

2. Mend broken relationships.

Matt. 5:23-24; 1 John 4:20

There is a direct **link** between our relationships with people and our relationship with God.

3. Hear from God.

- His **Message**.
- His **World**.

Heb. 4:12; Rom. 1:20

4. Tell yourself the truth.

1 John 3:21

One of our biggest hangups is that we practice the habit of **lying** to ourselves.

Keep a lookout for **recurring** internal statements that aren't true.

5. Express desire for Christ

Luke 6:45

There is something about taking that first step that seems to **prime** the **pump** of our desires.

6. Invest in people.

An internal focus without a healthy **outlet** is life-sapping, but an outlet into the lives of others is **rejuvenating**.

7. Care for your body.

Mark 12:30

It's possible to **misread** a lack of desire in general as a lack of spiritual desire.

- **Sleep/Rest**
- **Diet**
- **Exercise**