

**Maximizing Prayer Time**  
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**ReGroup Fall 2019 - Breakout**

**Why Prayer?**

- It shows our dependence on God.
- The New Testament Models It:
  - Acts 2:42
  - Colossians 1:3,9
- Your relationships will deepen.

**What does prayer look like in a Community Group?**

- **Model It.**
  - Live it privately.
  - Model it publically.
  - Basic Guide for Group Prayer:
    - Short simple prayers create safety.
    - Simple prayers are direct and honest.
- **Keep It Safe - Consider the New Person**
  - Don't call on someone to pray. Ask for a volunteer(s)
    - *"Not everyone needs to pray, but we would love to pray for everyone."*
  - Don't expect everyone to pray every time.
  - Try to avoid praying in a circle.
  - Be clear on who will close the prayer time.
- **Guide the Prayer Time**
  - Have a plan.
  - Keep it to 30 - 40 minutes
  - Mix it up.

## 10 Creative Ideas for Group Prayer

1. Popcorn Style.
2. Share a request. Pray for a request.
3. Everyone writes down a request. Everyone takes a request. Everyone follows up with a phone call or text during the week.
4. Someone records all the requests and then sends an email or text to the group.
5. Shrink it down. Groups of 2 or 3.
6. If someone is in crisis, stop right then and pray for him or her.
7. One sentence prayers. "God I am thankful for \_\_\_\_\_."
8. In couples groups, have spouses pray for each other during men's and women's time.
9. Pray through a Psalm together. (Psalm 23, 121, 139)
10. Pick a verse of Scripture to pray for another throughout the week. (Colossians 1:9, Ephesians 3:14-19)