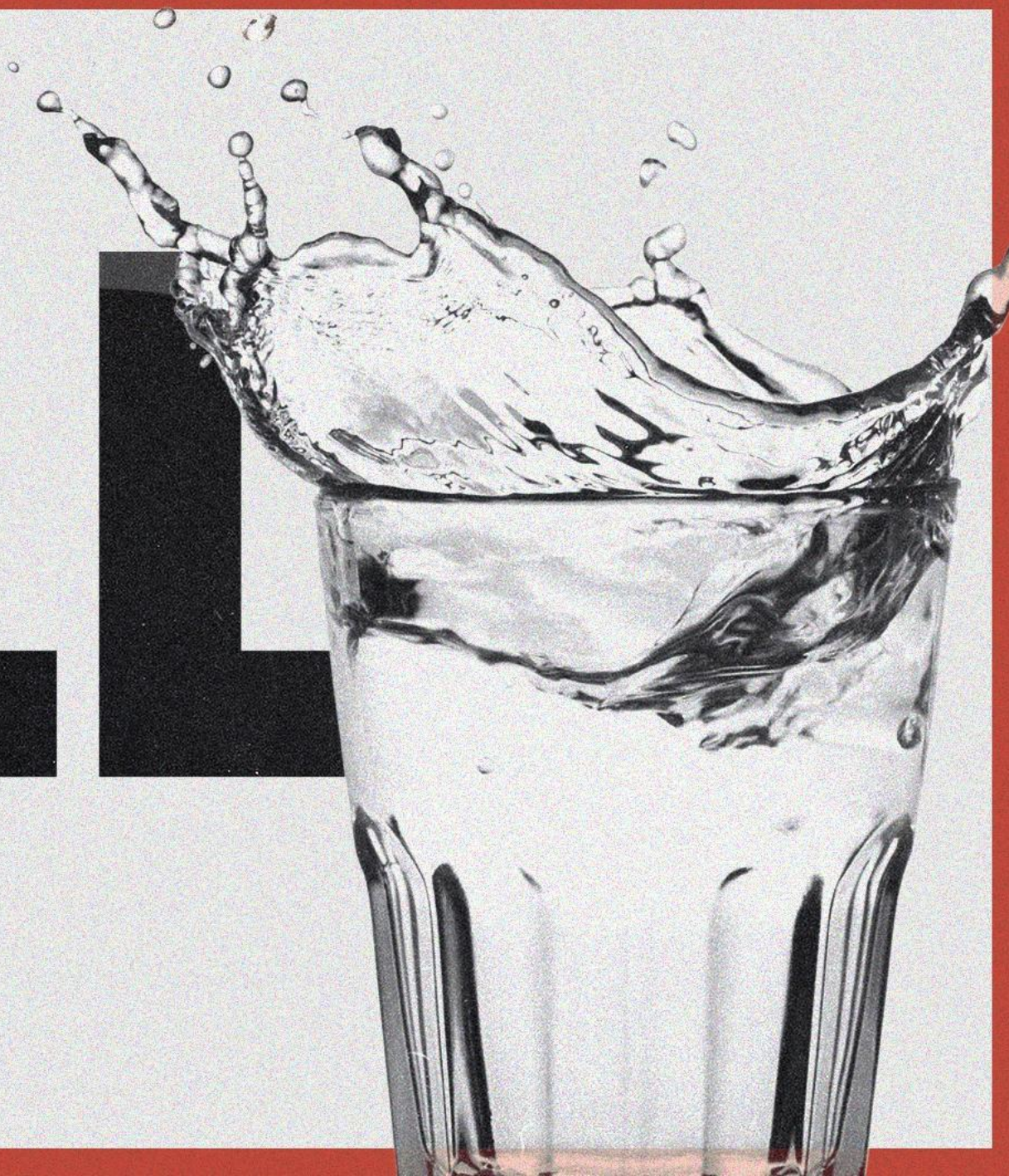


**FULL**

**RE:** GROUP



# Community Group Care

**Coming along side others when life is hard**

David Miller, Care & Counseling

Webster Campus

Re-group, September 11, 2022



# Community Group Care



**Coming along side others when life is hard**

“Being the hands and feet of Jesus in coming along side others to comfort them when life is hard.”

Quote from Afshin Ziafat, Right Now Media

[Link](#)

# Community Group Care



## **We need help/We help others**

The Holy Spirit is our 'helper.' John 14:16

Our method is humility and love. Eph. 4:2

“with all humility and gentleness, with patience, bearing with one another in love”

## **Build Relational equity**

Building mutual trust as a foundation in caring for others.

[Link](#) (Northridge Leaders resources)

# Community Group Care

A glass of water splashing, symbolizing care or support.

## What not to say

“It could be worse”

“So, what is God teaching you through this?”

“God will work this together for His good.”

“If you need me, call me any time.”

“I understand or stating the reason for suffering”

# Community Group Care



“If we have not taken the time to get to know the unique facets and fears of our friend’s story, then our “true counsel” most likely will be received as an ill-timed generality that will harden our friend’s heart to the Gospel more than it serves as an ambassador cultivating trust for Christ.”

BCC (Biblical Counseling Coalition) blog

# Community Group Care

A background image of a glass of water splashing, with water droplets and ripples visible. The glass is partially filled with water, and the splash is captured in mid-air, creating a dynamic and refreshing visual.

## Key principles

Listening Well (Prov 18:13; James 1:19)

God is personal (Phil 1:7)

Track emotions – a key to understanding the heart

Be careful on giving advice

# Community Group Care

A glass of water splashing, with water droplets and bubbles visible, set against a light background. The glass is partially filled with water, and the splash is captured in mid-air, creating a dynamic and refreshing visual.

## **Reflective Listening**

Listening that involves paying respectful attention to the content and feelings expressed in another person's communication.



# Community Group Care

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## Active Listening

Asking open-ended questions.

Maintaining eye contact.

Smiling, nodding, providing visible feedback.

Listening to 'build a prayer'

# Community Group Care



## **Confidentiality**

Always respect the other's privacy.

Confidentiality is 'the roof over the safe house.'

Without confidentiality there is no trust.

Trust opens the door to their heart issues.

# Community Group Care

A background image of a glass of water splashing, with water droplets and ripples visible. The glass is partially filled with water, and the splash is captured in mid-air, creating a dynamic and energetic feel.

## **Breaking Confidences**

Confidential information is broken someone is in physical danger.

If someone is in danger, who do you contact?

Your coach, pastor. Or even 911. Be pro-active.

# Community Group Care

## Self disclosure and 'matching'

Be careful with too much of your own self-disclosure or 'matching.' Too much matching is a distraction. Self-disclosure may sometimes be helpful but use good judgement.

# Community Group Care

A glass of water splashing, symbolizing care and community.

“With suffering, we are called to be the Body of Christ which reminds our fellow Christian of God’s identification with our suffering and His personal words to them.”

Quote from the BCC (Biblical Counseling Coalition) blog

# Community Group Care

Coming along side others when life is hard

Reflections/Examples

Share your story



# Community Group Care

A background image of a glass of water splashing, with water droplets and ripples visible. The glass is partially filled with water, and the splash is captured in mid-air, creating a dynamic and refreshing visual.

## Resources

*Dark Clouds/Deep Mercy*, by Mark Vroegop. Crossway

*Side By Side*, Ed Welch. Crossway

Online: <https://www.ccef.org/book-category/minibooks/>

Audio: <https://ibcd.org/resources>

**FULL**

**RE:** GROUP

