

Sharing Caring

Jason DeGraaff & Michelle Gerringer



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Community Group ABC's

- Apply the Bible
- Build Relationships
- **Care for Each Other**

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Group Leader Essentials

- Pursue Christ
- Cultivate Relationships
- Promote Participation
- Model Authenticity
- **Provide Care**
- Replace Yourself

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What Does Biblical Care Look Like?

- There are 59 commands to care for one-another in the New Testament

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- **And let us consider how we may spur one another on toward love and good deeds.**
- Hebrews 10:24

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- **And let us consider how we may spur one another on toward love and good deeds.
- Hebrews 10:24**
- **A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.” - John 13:34-35**

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- Hebrews 10:24**
- **A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.” - John 13:34-35**
- **Bear one another's burdens, and so fulfill the law of Christ. - Galatians 6:2**

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What Does Biblical Care Look Like?

- There are 59 commands to care for one-another in the New Testament
- Your goal is to make sure everyone in your group is cared for, not to do it all by yourself

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Sharing Caring Inside Group

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Sharing Caring Inside Group

- Relationships pre-empt care.

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“We were meant to walk side by side, an interdependent body of weak people. God is pleased to grow and change us through the help of people who have been re-created in Christ and empowered by the Spirit. That is how life in the church works.”

- Ed Welch (Side by Side)

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Sharing Caring Inside Group

- Relationships pre-empt care.

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Sharing Caring Inside Group

- Relationships pre-empt care.
- 2 Types of Care:

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Sharing Caring Inside Group

- Relationships pre-empt care.
- 2 Types of Care:
 1. Reactive Care
 2. Proactive Care

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GROWTH GOALS

YOUR NAME: _____

TODAY'S DATE: _____

DATE OF COMPLETION: _____

ACCOUNTABILITY PARTNER:

GROWTH GOAL IDEAS

- Read a chapter of the Bible every day.
- Commit to attend Community Group every week.
- Begin a volunteer role at Northridge.
- Increase my volunteer level at Northridge.
- Memorize (number of) _____ verses from the Bible.
- Attend the Starting Point group on Sunday's at Northridge.
- Create your own goal _____
- Get baptized.
- Become a Northridge Church member.
- Invite (name) _____ to church.
- Increase the percentage of my income I give to church.
- Read a good Christian book.
- Connect with a friend weekly/daily to keep you accountable with good/bad habits.

Sharing Caring Inside Group

- Relationships pre-empt care.
- 2 Types of Care:
 1. Reactive Care
 2. Proactive Care

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Sharing Caring Beyond Group

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- **Addiction**

- **Divorce**

- **Financial issues/
poverty**

- **Tragic loss**

- **Mental health**

- **Infidelity**

- **Chronic Illness**

- **Suicidal Thoughts/
Self Harm**

- **Family Disputes**

- **Abuse**

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Sharing Caring Beyond Group

- 3 Levels of Care:

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Sharing Caring Beyond Group

- 3 Levels of Care:
 1. Care from Group Members and Leaders

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Sharing Caring Beyond Group

- Defining Counseling:

“Intentionally helpful conversations - that’s all counseling is”

- David Powlison

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Sharing Caring Beyond Group

- Defining Counseling:

“Counseling in its simplest form is one person seeking to walk alongside another person who has lost his or her way.”

- Jeremy Pierre & Deepak Reju

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Sharing Caring Beyond Group

- 3 Levels of Care:
 1. Care from Group Members and Leaders

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Sharing Caring Beyond Group

- 3 Levels of Care:
 1. Care from Group Members and Leaders
 2. Care from Groups Coach

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Sharing Caring Beyond Group

- 3 Levels of Care:
 1. Care from Group Members and Leaders
 2. Care from Groups Coach
 3. Care from Counseling Team

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Sharing Caring Beyond Group

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Northridge Counseling Process

Counseling Request (Via website, phone call, email)	Campus Counseling Lead Contacts	Complete Counseling Intake Form	Initial Meeting	Follow-up Meeting/ Plan
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Group Think

**What are some practical ways
you have found success
sharing caring with group
members?**

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Resources

- Northridge Discipleship and Counseling Training Class (NDCT)
- NorthridgeEquip.com/Counseling

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