



***The Why, Who,
and How of
Discipling One***



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WHAT is the goal of this breakout?

- For you to understand the why and how of discipling one person, and begin to disciple one person this trimester.





WHAT do we mean by Disciple?

- Helping others to live a life that pleases God.





WHY is this so important?

- We have a mission to fulfill – Making More & Better Disciples (Matt.28:19-20).





Matthew 28:19-20

- ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”





WHY is this so important?

- We have clear instruction how to care for “one another”.
- We value multiplication over addition - The leadership equips you, you equip others (Eph. 4:11-12; 2 Tim.2:2)





Ephesians 4:11-12

- ¹¹ So **Christ himself gave** the apostles, the prophets, the evangelists, the pastors and teachers, ¹² **to equip** his people for works of service, *so that the **body of Christ** may be built up*





2 Timothy 2:2

- ² And the **things you have heard** me say in the presence of many witnesses entrust **to reliable people** who will also be qualified to teach others.





“One Another”

- Teach - Col 3:16 “Teach and admonish one another with the words of God”
- Comfort - 1 Thes 4:18 “Comfort one another since the Lord will return for his people”
- Encourage - 1 Thes 5:11 “Encourage one another, especially as to your faith in the Lord”
- Pray for - 1 Tim 2:1 “....prayers...made for all men”
- Stimulate/Spur - Heb 10:24 “consider ways to stimulate one another to love and good deeds”





WHY NOT – Why do we not do this?

- I'm not equipped.
- I'm failing...
- I'm not a pastor.
- I don't have time.





“The greatest gift we have to offer other (women) is not our picture-perfect lives, but our testimony of God’s mercy and grace that we have received in the midst of our helplessness and need.”

Nancy Demoss Wolgemooth





WHO is the person you will focus on?

- The potential person:
 - Newbie
 - The Struggler
 - Instant Connection
 - Questioner
 - Hungry





WHO is the person you will focus on?

- “An effective “yes” to one requires a decisive “no” to others.





WHO is the person you will focus on?

- Questions to help you decide:
 - What have they asked for prayer about?
 - What kinds of questions are they asking?
 - Where do you have some common interests or struggles?





HOW do we accomplish this?

- A simple tool you already know.
 - Pray
 - Colossians 1:9-10 ...we have not stopped **praying** for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, ^[a] ¹⁰ **so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,**





HOW do we accomplish this?

- A simple tool you already know.
 - Pray
 - Invest
 - Invite





HOW do we accomplish this?

- Do life together
 - Worship– Sit together.
 - Be in group together.
 - Invite this person to serve with you.
 - Share who you are reaching for Christ (Pi2)
 - Host a dinner, dessert, etc.





HOW do we get started?

- The details:
 - Meet for coffee or a meal to start a discussion.
 - Go to Starting Point with this person.
 - Set up regular meetings.
 - Offer a Bible study or read a book together.
 - Serve together.





HOW do we accomplish this?

- Resources:
 - Simple 4 week plans
 - “One to One Bible Reading” by David Helm
 - (Added) Side By Side by Ed Welch



Q & A

