

## Designer Sex

The Myth: Sex is only physical

October 1, 2017

Community Group Discussion Questions

### PLEASE READ BEFORE LEADING DISCUSSION

- Recommended questions are highlighted in bold, but select 5 or 6 questions you think will work best for your group discussion. You likely won't have time to discuss all of the questions so choose which questions you will ask ahead of time and make sure to provide plenty of time to focus on the application questions.
- Feel free to edit or reword questions to best fit your group.
- You may want to print out copies of this document for everyone so they can follow along with the questions as you read them.
- Check out this Facilitation Guide (<http://bit.ly/CGFacilitationGuide>) for tips on leading good discussions.

### ICEBREAKER (5-10 Minutes)

1. Share your name and answer the following icebreaker:
  - How many siblings do you have and where are you in the birth order?

### OPENING THE DISCUSSION (5-10 Minutes)

2. Looking back at your notes from this week's teaching, was there anything you heard for the first time, or something that caught your attention, challenged or confused you?
3. How did your parents treat the topic of sex in the home you were raised in and what impact do you think that had on you?

### DIGGING DEEPER (10 Minutes)

4. Drew shared that it is a myth to believe that sex is only physical.
  - Do you agree that sex isn't just physical? Why or why not?
5. Read Genesis 1:27-28
  - What implications do these verses have for how we should view sex?
6. Read 1 Corinthians 6:16-20.
  - How does Paul's counsel about sex differ from how our culture treats sex?
  - What does it look like in today's culture to "flee" sexual immorality?
7. Drew shared that if you want to enhance your romance, practice exclusivity.
  - What are some practical ways we can practice exclusivity whether we are single or married?

### APPLYING IT (10-20 Minutes) (*You probably want to discuss these in your prayer time*)

8. Paul encouraged us to honor God with our bodies in 1 Corinthians 6:20.
  - What is something you can start doing or stop doing this week to honor God sexually?
9. If you didn't have an opportunity to share a Growth Goal in prayer time last week, make sure to take some time this week to have each person share 1 step you want to take this trimester to grow in your faith (See next page).

**GROWTH GOALS:**

- **Write down on a 3x5 card 1 next step you want to take to grow in your faith this Community Group trimester. Use the card as a reminder of your goal.**
- **Share your goal with the others in your prayer group.**
- **Make sure to follow up with each other in the coming weeks to see how you are doing with your goal.**
- **Here are some Growth Goal ideas:**
  - Read a chapter of the Bible every day.
  - Commit to attend Community Group every week.
  - Begin a volunteer role at Northridge.
  - Increase my volunteer level at Northridge.
  - Memorize (\_\_number of) verses from the Bible.
  - Attend the Starting Point group on Sunday's at Northridge.
  - Get baptized.
  - Become a Northridge Church member.
  - Invite "insert name" to church.
  - Starting giving financially to church.
  - Increase the percentage of my income I give to church.
  - Read a good Christian book.
  - Connect with a friend weekly/daily to keep you accountable with good/bad habits.