

**PLEASE READ BEFORE LEADING DISCUSSION**

- Recommended questions are highlighted in bold, but select 5 or 6 questions you think will work best for your group discussion. You likely won't have time to discuss all of the questions so choose which questions you will ask ahead of time and make sure to provide plenty of time to focus on the application questions.
- Feel free to edit or reword questions to best fit your group.
- You may want to print out copies of this document for everyone so they can follow along with the questions as you read them.
- Check out this Facilitation Guide (<http://bit.ly/CGFacilitationGuide>) for tips on leading good discussions.

**ICEBREAKER (5-10 Minutes)**

1. Share your name and answer the following question:
  - What is one show, movie, podcast, or book you have enjoyed recently?

**OPENING THE DISCUSSION (5-10 Minutes)** – Have someone recap the message in about a minute or two and then ask the following questions:

2. **What scripture, stories, or ideas from Sunday's message did you find most helpful or convicting?**
3. What has your experience with Bible reading looked like for you? How has it changed over the course of your life?

**DIGGING DEEPER (10 Minutes)** – ask everyone to follow along in their Bible or Bible app. You might consider looking up these passages online and sharing your screen to review them together.

4. **Read Psalm 1:1-6.**
  - **What words or ideas stand out to you from this passage?**
5. Read Psalm 1:1.
  - How can we practically not “walk, stand, or sit” with those who reject God, when the majority of the world around us rejects God?
6. **Reread Psalm 1:2.**
  - **We often struggle to delight in God's Word. What routines or practices have you found helpful to experience delight in the Bible?**
7. Reread Psalm 1:2-3. Drew pointed out that Bible meditation has 2 results: 1. Developing Deep Roots and 2. Producing Fruit.
  - How have you experienced those results in your own life?
8. **If we know that consuming God's thoughts more than man's thoughts is better for us, what keeps us from doing so?**

**APPLYING IT (10-20 Minutes)**

9. **What do your current media consumption habits look like and how would you like those to change?**
10. What is one piece of media you consume regularly you can replace with Bible consumption?
11. **What time and place will you commit to reading and meditating on the Bible for this group trimester?**

**GROWTH GOALS:** ([Print Growth Goal Forms or share the link online](#))

12. **What is a next step in your faith you want to take this year?**

**If this is your first meeting, catch up, enjoy a meal together, take some time to review plans for the Community Group trimester, and review the goals of Community Groups.**

### **POSSIBLE ICEBREAKER**

- 1. What was your favorite memory or moment from this past holiday season?**

### **COMMUNITY GROUP OVERVIEW**

- 2. Review ABC's: Purpose of Community Groups:** Apply the Bible, Build Relationships, Care for Each Other
- 3. Review Group Agreement:** <http://bit.ly/CGAgreement> (See below). Read and ask if anyone has any questions.
- 4. Discuss Volunteer Schedule for snacks, childcare, hosting, and facilitation.** Bring a preassigned volunteer schedule if possible: [www.NorthridgeLeaders.com/volunteer-schedule-template](http://www.NorthridgeLeaders.com/volunteer-schedule-template)
  - Other potential volunteer roles include: Sending weekly emails, Organizing socials or serving projects, tracking prayer requests
- 5. Discuss starting and ending time and trimester schedule.**
  - Group trimester goes from January 16 – March 19 (9 Weeks)
  - Let's honor each other by starting on time and agreeing about how to handle the ending time. Generally it is best to have a hard ending but let people know they can stay to hang out afterwards.
- 6. Explain how a normal Community Group night will look for those who are new to groups.**
  - Social time (10-20 minutes)
  - Ice Breaker (10 minutes)
  - Sermon Discussion (30-40 minutes)
  - Group Prayer Time, Usually in gendered groups (30-45 minutes)
  - Hangout/Head home
- 7. Plan to collect and share contact information for group members**

### **GROUP AGREEMENT**

- 1. I will make this 9-week group trimester a priority by attending weekly and participating openly in group discussion. I will call ahead if I am going to be absent or late.**
- 2. I will strive to build authentic relationships with those in this group by showing care, providing encouragement and praying for their needs. I will keep anything that is shared strictly confidential and within the group.**
- 3. I will regularly attend services at Northridge and contribute to the ministry of the church through my attendance and inviting of others with a desire to see this group multiply down the road.**
- 4. I will explore honestly my next steps for spiritual growth.**