

## Frequency of Joy

July 18, 2021

Marked By, Galatians 5:22-23, 1 Peter 1:8-10, 2 Corinthians 6:10

Community Group Discussion Questions

### PLEASE READ BEFORE LEADING DISCUSSION

- Recommended questions are highlighted in bold, but select 5 or 6 questions you think will work best for your group discussion. You likely won't have time to discuss all of the questions so choose which questions you will ask ahead of time and make sure to provide plenty of time to focus on the application questions.
- Feel free to edit or reword questions to best fit your group.
- You may want to print out copies of this document for everyone so they can follow along with the questions as you read them.
- Check out this Facilitation Guide (<http://bit.ly/CGFacilitationGuide>) for tips on leading good discussions.

### ICEBREAKER (5-10 Minutes)

1. Share your name and answer the following question:
  - What is something that brought you joy this week?

**OPENING THE DISCUSSION (5-10 Minutes)** – Have someone do a 1 or 2 minute recap of the message and then ask the following questions (Find the notes in the [Northridge app](#)):

2. What part of Sunday's message was most thought provoking or challenging to you?
3. Daniel shared that joy is found as result of dialing into God's grace.
  - What are some areas we seek to find joy outside of God's grace?
  - If ultimate joy is found in God's grace, does that mean we should avoid finding joy in experiences, possessions, or people? Why or why not?
4. Daniel talked about Miss T's gravitas and joy in spite of hard circumstances.
  - Who is someone you know who exhibits that same joy?

**DIGGING DEEPER (10 Minutes)** – ask everyone to follow along in their Bible or Bible app. You might consider looking up these passages online and sharing your screen to review them together.

5. Read 1 Peter 1:3-10.
  - What can we learn from this passage about joy?
  - How might the joy this passage talks about differ from other types of joy we experience?
6. Read 2 Corinthians 6:10.
  - Paul talks about being "sorrowful, yet always rejoicing." How can we experience both of these emotions at the same time?
  - When have you had an experience where you grieved and rejoiced at the same time?
7. Read Romans 15:13 & Psalm 16:11.
  - These passages share that joy comes from God. If we depend on God to give us joy, what can we do to get that joy from God?

### APPLYING IT (10-20 Minutes)

8. What is your biggest takeaway from Sunday's message?
9. What is one step you want to take this week to dial into God's grace?