

The Sin of Gluttony June 25, 2023

Subtle Sins of Society, Philippians 3:18-20, Community Group Discussion Questions

PLEASE READ BEFORE LEADING DISCUSSION

Recommended questions are highlighted in bold, but select 5 or 6 questions you think will work best for your group discussion. You likely won't have time to discuss all of the questions so choose which questions you will ask ahead of time and make sure to provide plenty of time to focus on the application questions.

Feel free to edit or reword questions to best fit your group.
You may want to print out copies of this document for everyone so they can follow along with the questions as you read them.

Check out this **Facilitation Guide**
(<http://bit.ly/CGFacilitationGuide>) for tips on leading good discussions.

ICEBREAKER (5-10 Minutes)

1. **Share your name and answer one of the following questions:**
 - o What is your favorite Summer food?

OPENING THE DISCUSSION (5-10 Minutes) – Have someone recap the message in about a minute or two and then ask the following questions:

2. **Is there anything from Drew's sermon that you are looking forward to talking about?**
3. If you participated in the church wide fast, can share your experience or learnings? Spiritual or Physical.
4. What do you look for food to give that only God can give?

DIGGING DEEPER (10 Minutes) – ask everyone to follow along in their Bible or Bible app. You might consider looking up these passages online and sharing your screen to review them together.

5. **Read Philippians 3:18-21**
6. **Reread Philippians 3:20-21**
 - o What does verse 19 teach us about gluttony?
 - o What might earthly things look like?
 - o How do these verses change our perspective on our eating habits?
7. **Read 1 Corinthians 10:31**
 - o How can food/eating be used for or against God's glory?

APPLYING IT (10-20 Minutes)

8. How can you focus on filling your Spirit rather than your stomach this week?
9. What changes need to be made to your life to be more kingdom focused?
10. How might gluttony be pointing to a deeper problem in your life?
11. Which of the subtle sins do you struggle with the most? What practical steps are you taking to help you overcome them? (Comfort, comparison, gossip, control, busyness, consumerism, gluttony)