

Those Needy People

We are all **those needy** people.

- **Romans 5:6-8**
- “You will never minister effectively to someone you look **down on**.”

We need **God’s** help.

- If your cup is **empty**, you **can’t** help anyone.
- Even **Jesus** took time to be poured into by God.
- **Mark 1:35-37**
- We refuel by spending **time** with God

We need **Others’** help.

- We were not created to do life **alone**.
- **Delegate** Care
 - Build a group of carers.
 - Lean into the strengths of your group members
 - While not everyone is called to lead a group, everyone is called to care.
 - You can lead others into their giftings
- **Mark 2:1-5**
- The lame man was healed because of **his friends’** faith.
- We don’t **fix** people, we **walk with** people while we are **all** being fixed.
- “A **personal** relationship with Jesus is good, but a **shared** relationship with Jesus is better.”

Assessing the Need

- **Relief** - “the urgent and temporary provision of emergency aid to reduce immediate suffering from a natural or man-made crisis”
 - Ex: Housing a CG Member whose furnace broke.
- **Rehabilitation** - “begins as soon as the bleeding stops; it seeks to restore people and their communities to the positive elements of their precrisis conditions.”
 - Ex: Being with a CG member as they handle the loss of a loved one
- **Development** - “process of ongoing change that moves all the people involved - both the ‘helpers’ and the ‘helped’ - closer to being in right relationship with God, self, others, and the rest of creation.” (*When Helping Hurts*, 99-100).
 - Ex: Attending an Equip Class with a Community Group member.

Questions for Assessing the Need

- Is there a crisis at hand really?
- To what degree was the individual personally responsible for the crisis?
- Can the person help herself/himself?
- To what extent has this person already been receiving relief from you in the past?

Addressing the Need

- Don't help **alone**.
 - We are not the saviors, Jesus is.
- **Prevention** is better than **Intervention**.
- Always help from a posture of **humility**.
 - "If you think God needs you to fix everybody else, your God is too small."
- "People in need are not **projects** we help, they are **people** that we love."
- **Pray. Pray. Pray!**

Northridge Resources:

- Community Group Coaches
- [Community Resources Guide](#)
- Northridge Equip - www.northridgeequip.com
- Northridge Leaders - <https://www.northridgeleaders.com/>
- Community Group Care Fund
- *When Helping Hurts* and *Becoming Whole*
- Relational Vampires: "The People who Suck the Life Out of Us" - Craig Groeschel Life Church - <https://www.life.church/media/relational-vampires/needy-people/>